

Chronology

Let Animals Lead®

HISTORY

1998-2001



Early Years

Kathleen Prasad trains in Levels 1-3 in human Reiki and begins practicing with her own animals, private clients and local shelters.

2004



Animal Reiki Source Is Created

After six years of dedicated training and practice, Kathleen formalizes her training program for Animal Reiki and continues offering Animal Reiki sessions.

2005-2018



Kathleen Partners with Brighthaven

Kathleen offers Levels 1-3 Certified Animal Reiki training at BrightHaven Holistic Sanctuary and Hospice for Senior and Special Needs Animals.

2006



Animal Reiki Is Published

Kathleen's very first book, based on her first few years of shelter volunteering, is published. This book introduces the topic of "permission" to the profession.

2008



Shelter Animal Reiki Association and Code of Ethics

Kathleen and Leah D'Ambrosio create SARA, a nonprofit dedicated to helping shelter and sanctuary animals. Kathleen publishes the first and only COE for AR.

2010



ARS and SARA Go International

In addition to traveling throughout the US to teach and speak since 2002, Kathleen begins international travel to England, France and Australia.

2012 & 2016



Reiki for Dogs and Horses

Kathleen's two best-known books, *Reiki for Dogs* and *Heart to Heart with Horses* are published and shape the field of canine and equine Animal Reiki.

2018



Let Animals Lead® is Trademarked

Kathleen delineates the 6 Pillars of the Let Animals Lead® method. The idea of animal agency and freedom within sessions begins to shape the profession.

2023



LAL® Manuals Published

The most extensive and professional manuals in the AR profession are published, after several years of work. LAL® leads the way in honoring animals.

2024



LAL® Teachings are CPD Certified

Levels 1-3 certification in LAL® is internationally recognized with the highest level of professional recognition through dual accreditation by CPD Standards.

